

Résultats

Saison 2009-10

Courses sur route

14/07/10 - Foulees Dammartinoises - Dammartin Sur Tigeaux

NIVLET Jean-christophe	5 km	4	SEM/71	19'19"
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11/07/10 - Courissimeaux - Meaux

AUGUSTINE Anna	10 Km Route	156	V1F/66	56'23"	D7
BOUDET Richard	10 Km Route	100	V1M/70	47'57"	D7
BOUSSANDEL Bechir	10 Km Route	89	SEM/82	46'20"	D6
DUFETEL Laura	10 Km Route	36	ESF/88	39'02" qi	IR3
LAFERRIERE Daniel	10 Km Route	90	V2M/51	46'33"	D6
SELLOS Sonia	10 Km Route	152	SEF/83	56'05"	D7

27/06/10 - La Montatou - Boutigny Sur Essonne

BARRAULT Eric	10km	133	V1M/61	1h07'43"
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20/06/10 - 10 Eme Foulee Des Laveuses - Le Coudray -Montceaux

BARRAULT Eric	7,5km	133	V1M/61	43'58"
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20/06/10 - Les Foulees De Bourg La Reine

GRARE Yves	10 km	2	V2M/57	34'14"
DUFETEL Laura	10 km	15	ESF/88	37'23"
MUZZONE Marc	10 km	34	V1M/63	40'44"
DUFETEL Nicole	10 km	46	V2F/60	41'56"
BENOIT Serge	10 km	49	V2M/51	42'12"
VOUETTE Jean-philippe	10 km	52	V1M/70	42'33"
LAFERRIERE Daniel	10 km	72	V2M/51	44'05"
CARRIERE Lionel	10 km	81	SEM/74	44'58"
VISINE Leila	10 km	124	V1F/67	49'21"
ANTIGNY Nathalie	10 km	142	V1F/65	51'27"
ALTMAN JARDY Micheline	10 km	164	V3F/42	54'17"
FUCHE Martine	10 km	169	V3F/47	56'07"
LE STER Catherine	10 km	181	SEF/71	57'06"
HECKEL Loic	3 km	1	SEM/83	9'54"
GRARE Yves	3 km	2	V2M/57	10'06"
MARCEAU Emmanuel	3 km	16	SEM/77	12'25"
GOUAULT Geoffrey	3 km	20	ESM/90	13'06"
HEBBADJ Orlanne	3 km	21	MIF/95	13'07"

18/06/10 - Boucles Chevillaises - Chevilly Larue

BOUDET Richard	10 km	47	VEM/70	47'41"
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13/06/10 - Galoches Des Solognots - Cellettes

BARRAULT Eric	6,9 kms	51	VEM/61	36'45"
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13/06/10 - Course Du Château - Paris

AUGUSTINE Anna 10 Km Route 2220 V1F/66 57'23" D7

13/06/10 - La Vanveenne - Vanves

NIVELET Jean-christophe 9,6 km 21 SEM/71 36'34"

13/06/10 - Marathon Marne Et Gondoire - Bussy Saint Martin

DESTANG Adrien 2 km 1 MIM/96 8'03"

12/06/10 - le Castor Fou - Vauhallan

LAURENT Aubin 1,3km 5 POM/00 5'36"

11/06/10 - La Cavale Haysienne - L'Hay Les Roses

ALTMAN JARDY Micheline 10 km 182 V3F/42 58'11"
BENOIT Serge 10 km 55 V2M/51 44'01"
BOUDET Richard 10 km 100 V1M/70 48'37"
CARRIERE Lionel 10 km 90 SEM/74 47'45"
GOUAULT Geoffrey 10 km 109 ESM/90 49'14"
HECKEL Loic 10 km 4 SEM/83 35'26"
LAFERRIERE Daniel 10 km 93 V2M/51 48'03"
NIVELET Jean-christophe 10 km 24 SEM/71 40'04"
SELLOS Sonia 10 km 131 SEF/83 52'10"
VOUETTE Jean-philippe 10 km 57 V1M/70 44'06"

29/05/10 - La Robinsonnaise - 10Km - Le Plessis-Robinson

LE STER Catherine 347 58'35" SEF/71 D7

09/05/10 - Foulees Cachanaises - 10Km

ALTMAN JARDY Micheline 197 55'21" V3F/42 D6
AUGUSTINE Anna 185 53'55" V1F/66 D5
BOUDET Richard 105 44'59" V1M/70 D5
BOUSSANDEL Bechir 85 43'40" SEM/82 D5
CARRIERE Lionel 127 47'27" SEM/74 D7
CHEBBI Aouatef 56 41'40" SEF/74 R1
DUFETEL Laura 36 39'22" ESF/88 IR3
LAFERRIERE Daniel 160 49'40" VEM/51 D7
LE STER Catherine 207 57'06" SEF/71 D7
MUZZONE Marc 60 42'06" V1M/63 D4
NOVI Rolande 189 54'57" SEF/78 D6
SELLOS Sonia 161 49'40" SEF/83 D3
VISINE Leila 159 49'37" V1F/67 D3
VOUETTE Jean-philippe 86 43'40" V1M/70 D5

HEBBADJ Orlanne 50 22'25" MIF/95

09/05/10 - Foulee Verte De Clamart

BONHOMME Dominique 88 45'18" VEM/60 10,1 km

01/05/10 - Trail Ardèchois - Desaignes

BOUDET Richard 481 4h59'42" VEM/70 34 km
VOUETTE Jean-philippe 281 7h57'24" VEM/70 57km

25/04/10 - 10Km De La Coccinelle - Gujan-Mestras

SELLOS Sonia 118 50'22" SEF/83 D4

25/04/10 - 10Km Planet - Paris

AUGUSTINE Anna	1235 55'23"	V1F/66	D6
LE STER Catherine	1418 58'08"	SEF/71	D7

18/04/10 - L'Humarathon - 10Km et Championnats de France des 10km

AUGUSTINE Anna	495 55'36"	Humarathon	V1F/66	D6
ALTMAN JARDY Micheline	405 54'58" qi		18 V3F/42	D6
CHEBBI Aouatef	142 41'21" qi		84 SEF/74	R1
GRARE Yves	118 34'19"		7 V2M/57	R1

11/04/10 - Foulee Meudonnaise - 10Km

ANTIGNY Nathalie	457 54'55"	V1F/65	D6
BOUDET Richard	179 46'07"	V1M/70	D6
BOUSSANDEL Bechir	125 44'38"	SEM/82	D5
DUFETEL Laura	44 40'03"	ESF/88	IR4
LAFERRIERE Daniel	134 44'52"	V2M/51	D5
LE STER Catherine	529 58'10"	SEF/71	D7
NOVI Rolande	451 54'47"	SEF/78	D6
SELLOS Sonia	372 52'01"	SEF/83	D5
VOUETTE Jean-philippe	109 43'59"	V1M/70	D5
YARD Gregory	23 38'12"	SEM/83	R6

11/04/10 - Marathon International De Paris

MUZZONE Marc	4838 3h29'46"	VEM/63	D3
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11/04/10 - Trail Du Josas - Jouy-En-Josas

HECKEL Loic	Course 16 Km 210	1h48'59"	SEM/83
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28/03/10 - Semi Marathon D'Antony

DUFETEL Nicole	81	1h32'14" qi	V2F/60	R1
GRARE Yves	14	1h19'38" qi	V2M/57	R3

28/03/10 - 10Km Du Val De Marne - Nogent Sur Marne

ALTMAN JARDY Micheline	813	55'26"	V3F/42	D6
AUGUSTINE Anna	806	55'03"	V1F/66	D6
CHEBBI Aouatef	376	42'25" qi	SEF/74	R2
FUCHE Martine	838	56'56"	V3F/47	D7
HECKEL Loic	36	33'48" qi	SEM/83	IR4
LAFERRIERE Daniel	679	50'41"	V2M/51	D8
LE STER Catherine	850	57'26"	SEF/71	D7
MARCEAU Emmanuel	309	40'47"	SEM/77	D3
NIVELET Jean-christophe	226	38'58"	SEM/71	D1
NOVI Rolande	783	54'08"	SEF/78	D6
SELLOS Sonia	680	50'41"	SEF/83	D4
VOUETTE Jean-philippe	413	43'35"	V1M/70	D5
YARD Gregory	195	38'13"	SEM/83	R6

Semi Marathon Du Val De Marne

MUZZONE Marc	426	1h40'38"	V1M/63	D4
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13/02/10 - Foulees De Malakoff - 10Km

ALTMAN JARDY Micheline	10 Km Route	449	1h00'19"	V3F/42	D8
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ANTIGNY Nathalie	10 Km Route	402	54'17"	V1F/65	D6
BENOIT Serge	10 Km Route	169	41'59"	V2M/51	D4
BONHOMME Dominique	10 Km Route	166	41'54"	V2M/60	D4
BOUDET Richard	10 Km Route	303	49'03"	V1M/70	D7
BOUSSANDEL Bechir	5 km	103	<u>24'10"</u>	SEM/82	
DUFETEL Laura	10 Km Route	78	38'29" qi	ESF/88	IR2
DUFETEL Nicole	10 Km Route	193	42'56" qi	V2F/60	R2
FUCHE Martine	10 Km Route	412	55'17"	V3F/47	D6
GRARE Yves	10 Km Route	31	35'39" qi	V2M/57	R2
HECKEL Loic	10 Km Route	79	38'31"	SEM/83	R6
INVERNIZZI Amandine	5 km	102	<u>24'08"</u>	SEF/81	
LAFERRIERE Daniel	10 Km Route	294	48'26"	V2M/51	D7
LE STER Catherine	10 Km Route	417	56'15"	SEF/71	D7
MARCEAU Emmanuel	5 km	42	<u>19'39"</u>	SEM/77	
MUZZONE Marc	10 Km Route	165	41'51"	V1M/63	D4
NIVELET Jean-christophe	5 km	29	<u>18'56"</u>	SEM/71	
SELLOS Sonia	10 Km Route	349	51'10"	SEF/83	D4
VISINE Leila	10 Km Route	293	48'25"	V1F/67	D2
VOUETTE Jean-philippe	10 Km Route	204	43'38"	V1M/70	D5
YARD Gregory	5 km	27	<u>18'56"</u>	SEM/83	

07/02/10 - Foulées De Vincennes - 10Km

AUGUSTINE Anna	55'20"	V1F/66	D6
YARD Gregory	57'13"	SEM/83	D8

27/12/09 - CORRIDA PEDESTRE DE HOUILLES - 10KM NATIONAL

NIVELET Jean-christophe	SEM	287	40'15"
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20/12/09 - CORRIDA DE THIAIS - 10KM

ANTIGNY Nathalie	V1F/65	1165	57'18"	
AUGUSTINE Anna	V1F/66	1242	58'48"	
BENOIT Serge	V2M/51	352	44'35"	
BOUDET Richard	SEM/70	697	49'25"	
DUFETEL Laura	ESF/88	155	40'46"	R1
FUCHE Martine	V3F/47	1289	59'55"	
HECKEL Loic	SEM/83	21	35'52"	R2
LE STER Catherine	SEF/71	1252	59'03"	
MARCEAU Emmanuel	SEM/77	221	41'44"	
MUZZONE Marc	V1M/63	376	45'01"	
SELLOS Sonia	SEF/83	874	52'14"	
VAILLANT Daniel	V2M/56	248	42'26"	
VISINE Leila	V1F/67	873	52'11"	
VOUETTE Jean-philippe	SEM/70	619	48'25"	

13/12/09 - CORRIDA DE NOEL D'ISSY LES MOULINEAUX - 10KM INTERNATIONAL

NIVELET Jean-christophe	SEM/71	156	39'35"	
SELLOS Sonia	SEF/83	806	49'59"	
GRARE Yves	V2M/57	6	35'29"	R2

29/11/09 - MARATHON INTERNATIONAL DE LA ROCHELLE

DUFETEL Nicole	3h30'27" qi	1693	26 VF1	R2
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15/11/09 - SEMI MARATHON DE BOULOGNE BILLANCOURT

GRARE Yves	1h20'54" qi	112		
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07/11/09 - Carrières By Night - Mondeville

HECKEL Loic 2h05'46" - 21 km 200

26/10/09 - Semi marathon international de St. Pol - Morlaix

DUFETEL Nicole 594 - 1h34'19" 7 - V1F R2

25/10/09 - Spinasienne - Epinay sur Seine

AUGUSTINE Anna 116 - 53'36" 10 - V1F

25/10/09 - 10 km de St. Cloud

GRARE Yves 4 - 35'27" 1 - V2M

18/10/09 - Courses de Velizy

Orlanne	HEBBAJD	2km 800	13 2 MF	11' 04"
Loïc	HECKEL	10km	17 12 SH	34' 27" R2
Jean-Christophe	NIVELET	10km	84 45 SH	39' 08" D1
Emmanuel	MARCEAU	10km	109 51 SH	39' 46" D1
Daniel	VAILLANT	10km	131 18 VH2	40' 34"
Jean-Luc	POTIER	10km	149 67 SH	41' 18"
Aouatef	CHEBBI	10km	241 9 SF	44' 28" R3
Lionel	CARRIERE	10km	291 109 SH	46' 38"
Sonia	SELLOS	10km	327 13 SF	48' 26"
Micheline	ALTMAN-JARDY	10km	407 3 VF3	53' 02"
Anna	AUGUSTINE	10km	417 28 VF1	54' 11"
Martine	FUCHE	10km	426 4 VF3	55' 11"
Catherine	LE STER	10km	431 25 SF	55' 45"
Nathalie	ANTIGNY	10km	441 32 VF1	56' 40"

11/10/09 - 20KM INTERNATIONAL DE PARIS

GRARE Yves	1h10'35"	VEM/57	R2
SELLOS Sonia	1h57'44"	SEF/83	
VISINE Leila	1h55'25"	VEF/67	

04/10/09 - Course du four a chaux - Nandy

BOUDET Richard 25 km 154 2h08'06" SEM/70

20/09/09 - Course des Volcans

TANZILLY Thierry 126 2h14'40"

13/09/09 - Trail National de la Cote d'Opale - ESCALLES - MARQUISE

BOUDET Richard	33KM	659	3h54'20"	SEM/70
HECKEL Loic	55KM	26	<u>4h57'51"</u>	SEM/83
MERRIEN Noel	55KM	151	<u>5h56'31"</u>	V2M/51
SAFFROY Patrick	55KM	232	<u>6h20'37"</u>	V2M/58
VOUETTE Jean-philippe	55KM	231	<u>6h20'37"</u>	SEM/70

13/09/09 - La Parisienne

FUCHE Martine 3077 36'53"

06/09/09 - Les 5ème Foulées du Terroir - Livarot

MEREAUX Marc 327 1h18'01" V2M/51